



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

45<sup>th</sup> Annual

# SPOOK RUN 5K

**October 21, 2023**    **Race Start: 9:00AM**

**\$25** Registration effective thru 10/08/23

**\$35** Registration after 10/08/23

**INFORMATION:**

- Register for the race at the YMCA or online at [charlescityymca.com](http://charlescityymca.com)
- Race begins and ends at the Charles City YMCA.
- Everyone who pre-registers will receive a T-shirt.
- Registrations will be taken the day of the race, shirt is not guaranteed.
- Runners, walkers, families, strollers are all welcome!
- Costumes are encouraged!

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Spook Run 5K 2023

Name \_\_\_\_\_ Race Day Age \_\_\_\_\_

Address \_\_\_\_\_ Gender: M    F

City, State, Zip \_\_\_\_\_

T-shirt size: (Circle one)

**Youth:** Med    Large    **Adult:** Small    Medium    Large    XL    XXL

Participant Signature \_\_\_\_\_

(Parent if under 18)