



YMCA / Charles City Mat Club
2020-2021 Youth Wrestling Program
Practice Starts: Monday, November 2, 2020

Beginner / Intermediate Level: (2nd Grade and Under)

This is the group that consists of 5 year olds through 2nd graders that have never wrestled or have not wrestled very much. This level is for the wrestler that will go and wrestle in 4 or less local tournaments this next wrestling season. Coaches reserve the right to move kids to different levels with permission and cooperation from the parent.

Practice Days: Monday & Tuesday

Practice Time: 5:45pm-6:30pm

Location: High School Wrestling Room

Advanced Level: (3rd Grade – 6th Grade)

This level is for kids in 3rd – 6th Grade. These wrestlers should have 2-3 years of wrestling experience. Advanced Wrestlers should be seeking out tournaments regularly and should participate in the AAU and USA District Qualifying Meets. Coaches reserve the right to move kids to different levels with permission and cooperation from the parent.

Practice Days: Monday & Tuesday

Practice Time: 6:45pm-7:45pm

Location: High School Wrestling Room

Practice Location: Charles City High School Wrestling Room – 1 Comet Drive

Cost: Option I: *November – December* = \$25 YMCA Member / \$50 Non-Member

Option II: *November – March* = \$50 YMCA Member / \$75 Non-Member

Register at: Charles City Family YMCA

Due to COVID-19- THERE WILL BE NO LOGAN LUFT MEMORIAL WRESTLING TOURNAMENT THIS YEAR.